



S	M	T	W	T	F	S
<p>1</p> <p>Take a walk with your family and say hi to your neighbors</p>	<p>2</p> <p>Play a game with your a family member or friend</p>	<p>3</p> <p>Ask someone, "how can I help?"</p>	<p>4</p> <p>Leave a kind note for someone</p>	<p>5</p> <p>Clean up without being asked</p>	<p>6</p> <p>Smile at everybody you see</p>	<p>7</p> <p>Leave chalk messages around where you live</p>
<p>8</p> <p>Plant something</p>	<p>9</p> <p>Tell someone why they are special to you</p>	<p>10</p> <p>Offer to read a book to someone</p>	<p>11</p> <p>Make a card for a veteran</p>	<p>12</p> <p>Make a list of things that make you happy</p>	<p>13</p> <p>Play "I Spy Kindness" (See how many acts of kindness you can spot!)</p>	<p>14</p> <p>Bring pet supplies to a local animal shelter</p>
<p>15</p> <p>Pick up litter in your neighborhood</p>	<p>16</p> <p>Call a relative to say hello</p>	<p>17</p> <p>Bake cookies for a friend or neighbor</p>	<p>18</p> <p>Donate some of your old books to the library</p>	<p>19</p> <p>Do something nice for your pet or stuffed animal</p>	<p>20</p> <p>Put a heart in one of your windows at home</p>	<p>21</p> <p>Tell someone how much you love them</p>
<p>22</p> <p>Donate a few toys that you no longer play with</p>	<p>23</p> <p>Give someone an unexpected compliment</p>	<p>24</p> <p>Say hi to someone at school you don't normally talk to</p>	<p>25</p> <p>Make a homemade gift for someone</p>	<p>26</p> <p>Write down one thing you are thankful for</p>	<p>27</p> <p>Give someone you love a hug coupon</p>	<p>28</p> <p>Paint kindness rocks and leave them around town</p>
<p>29</p> <p>Spend quality time with someone you love</p>	<p>30</p> <p>Stick up for someone when they are being bullied</p>	<p>NOVEMBER 2020 KIDS DO GOOD CHALLENGE</p>				