

# Free Prevention Education Programs for Students

## Grades K-2

In these kinesthetic lessons using hula hoops, students are empowered to recognize their bodily autonomy and build skills in self-advocacy, consent, empathy, and confiding in trusted adults.

## Grades 3-5

Expanding beyond the "personal bubble" concept, students explore other types of limits that help keep us safe, and practice how to recognize, communicate, and respect boundaries in real life and online.

## Grade 6

In lessons addressing personal boundaries, gender stereotypes, and consent, students are challenged to think outside the box about the attitudes that contribute to gender-based violence, while also learning skills for navigating social challenges.

*Grades 7-8 coming soon!*

- Our key principles
- Evidence-informed
  - Consent-based
  - Age-appropriate
  - Varied teaching methods
  - Trauma-informed & non-threatening
  - Multi-session & scaffolded
  - Helps meet state learning results
  - Inclusive & non-shaming language

## Testimonials

"I think it is important that SASSMM comes."  
- 6th grader

"It felt like I was learning a really important thing."  
- kindergartener

"Thank you for teaching us all about this awkward topic."  
- 6th grader

"You made it really clear."  
- 4th grader

"The most valuable aspect of the program was the respect the leader showed for the children's ideas. The discussion was genuine and all the children felt heard."  
- school counselor

"One of the best I've seen!" - 3rd grade teacher

"I learned that I have a lot more boundaries than I thought."  
- 6th grader

# Free Professional Development for School Personnel

## SASSMM K-5 Prevention Curriculum Workshop (4 hrs)

This workshop is ideal for K-5 school counselors, social workers & special education teachers who are interested in teaching our lessons directly to their students. Our curriculum helps many schools meet the mandate for prevention education for K-5 students.

We provide our full elementary curriculum package and ongoing consultation & support to all participants.

*Next available in Fall 2020*

## Children's Safety Partnership Training of Trainers (4 hrs)

In partnership with the Department of Education and Maine Coalition Against Sexual Assault, this SASSMM-led training equips participants to provide the mandated 1-hour training in child sexual abuse awareness & response to school staff.

Most suitable for school counselors, social workers, nurses, and assistant principals, but any K-12 school personnel may attend.

*Next available in Rockland in Fall 2020*

## Testimonials

"The most valuable aspects were learning the lessons, the knowledge of the presenters, and the awesome binders!" - workshop participant

"Thank you so much! I really appreciate the training & materials." - workshop participant

"Modeling of the lessons was excellent. Very helpful." - workshop participant

"The most valuable part was the collaboration on this sensitive subject, and encouragement for more talking, teaching, and listening." - ToT participant